Work-life balance issue: Trends, destinations and insights for travellers • September 2011

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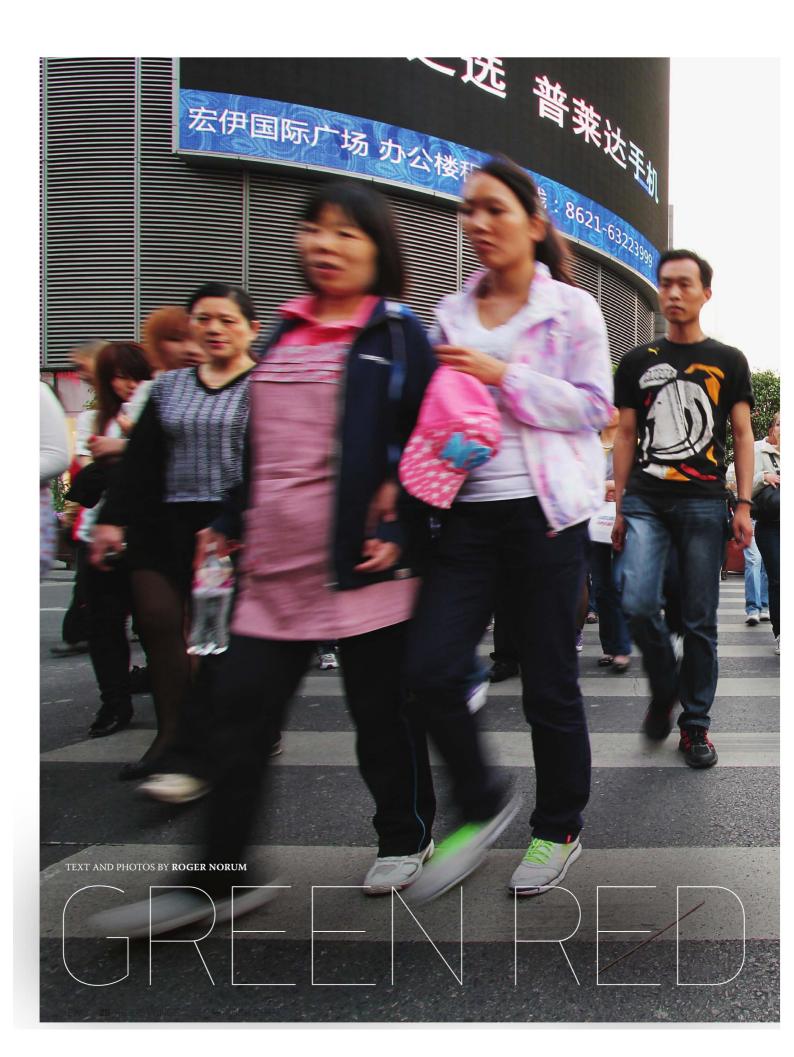
HOW TO NURTURE CREATIVITY IN BUSINESS

ORGANIC **HELSINKI**

KRAKOW STARS
IN A NEW BOLLYWOOD
THRILLER

The new face of Shanghai

Going green post-Expo







GOOD TO KNOW

GETTING AROUND

China Cycle Tours runs action- and information-packed tours all around the city; the greenest and best way to see Shanghai.

WWW.CHINACYCLETOURS.COM

STAYING CHIC

Park Hyatt Shanghai (from €599)

This tranquil landmark hotel towers high above the city, with gorgeous, spacious rooms that are studies in refined opulence.

WWW.HYATT.COM

URBN (from €152)

Possibly China's most innovative hotel, with 26 contemporary, eco-friendly rooms and an outstanding David Laris restaurant.

WWW.URBNHOTELS.COM

JIA (from €217)

Set in a 1920's building off the Nanjing Road, this small boutique residence has colourful, eclectic rooms with kitchenettes and class.

WWW.JIASHANGHAI.COM

EATING WELL

Mr & Mrs Bund

Run by heralded French Paul Pairet, this outstanding dining experience boasts a titanic French-ish menu with 250 very innovative dishes — lobster steamed in a glass jar, say — and an astounding wine list.

WWW.MMBUND.COM

M1NT

Winning both Restaurant and Club of the Year in 2010, this snazzy, chic spot serves a classic fusion menu (the Wagyu beef tenderloin is a must). Don't miss the all-out dance party afterwards.

WWW.M1NTGLOBAL.COM

M on the Bund

This modern, elegant restaurant has excellent views to the Bund from their terrace, making it very romantic. Go for their Al Fresco weekend brunch, where you'll taste the freshest bread in Shanghai.

WWW.M-RESTAURANTGROUP. COM/MBUND

WELCOME TO EXPLORE HELSINKI WITH US!

On our **BEAUTIFUL CANAL ROUTE** cruise you'll get to see the most beautiful shorelines in Helsinki and many fabulous sights! Our ships' cafes serve beverages, coffee and pastry. **Departures from the Market Square every day 28.5.–4.9.:** 10.30, 11.30, 12.30, 13.30, 14.30, 15.30, 16.30, 17.30 and 18.30 **5.–30.9.:** 11.00, 13.00 and 15.00



Take a ride on the **HOP ON HOP OFF bus** and you'll get to see the most important sights of the capital! Hop on or off the bus as many times as you want – tickets are valid for 24 hours!

Departures from the Senate Square every day 7.5.–30.9.: 10.00–16.00 at least every 30–45 minutes









