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Relish a slice of Lost Heaven on the Bund

On Monday, we showcased sights of Shanghai beyond the Expo grounds. Here's where to wine and dine

Amy Van
 travel@mediascorp.com.sg

MANY restaurant concepts have been launched in Shanghai of late. From exquisite cuisine served at swanky establishments to must-try Shanghaiese delights dished out in no-frills eateries — there are plenty of choices for every taste and budget.

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 www.thepuli.com

Also opened last year, this European restaurant is located at the PuLi Hotel and Spa. Chef Dan Clouston, formerly from Opia at JIA Hong Kong, creates dishes which balance textures and flavours like his signature pastrami of salmon with beetroot sorbet and crispy rye wafer.

One of Clouston's most memorable dishes is the twice-cooked octopus served with skordalia. The octopus is slowly cooked in olive oil for several hours resulting in an utterly tender texture. It is then served atop creamy skordalia made with white beans, lemon pulp and black olive oil (kalamata olives blended with olive oil).



Jing'An

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For a lavish meal, there are abalone and bird's nest delicacies. But try the chef's recommendations such as crispy

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fried eel balls with plum honey sauce; and pan-fried salmon fillet with salmon taro puffs. In autumn, this is the perfect spot to enjoy a variety of comforting hairy crab creations such as fish soup with crab roe and bean curd as well as boiled noodles with crab roe in superior fish soup.



Tang Court
Cantonese in Shanghai.

Mr & Mrs Bund

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Chef Paul Pairet,
boss of Mr & Mrs Bund.

Wujiang Lu

A visit to this intoxicating city should include a typical Shanghaiese meal. The famous local street food at Wujiang Lu near People's Square has undergone major renovations recently and most of the old food outlets have moved away.

One of the most popular eateries, Xiao Yang Sheng jian, has been relocated to a small mall on this street, and continues to serve up its sheng jian. Sheng jian is a classic Shanghaiese street snack which is basically xiao long bao or pork dumpling fried on a



A signature at Jing An:
Pastrami of salmon with
beetroot sorbet.

cast iron pan until the bottom turns crispy and golden brown. These plump bites are sought-after for its hot pork broth and juicy meat filling. Queues form quickly. You can pay at the counter to dine in or take away. Either way, you will be assured of a satisfying meal.

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by Amy Van travel@mediacorp.com.sg
05:55 AM Apr 29, 2010

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